

# The Beacon

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# The Beacon



## OVERVIEW OF LIS

LIS, Laxmi international school is a progressive Co-educational Senior secondary cum residential school affiliated with the Central Board of secondary education Delhi.

We at LIS provide a caring, healthy and challenging environment where children prepare to meet life's challenges with confidence, imagination, and integrity.

The vision of LIS is to build a sustainable society of creative young innovators empowered with equal opportunities to thrive and flourish enhancing each life by spreading one happiness.

The mission of LIS is to emphasize bringing enhancement in 3- an integral part of the society: catalyze skill development through holistic education.

LIS strives to connect “One Happiness!” among everyone.

In a serene environment away from the city, the last green atmosphere of Laxmi Vidhyapeeth provides a system that is a perfect blend of modern techniques and traditional values, facilitating the enhancement of their physical, mental, social, and spiritual values.

*Every student in my classroom deserves an equal chance.*

Responding to the level of diversity in our classroom is more important than ever. But all too often, our education system reinforces the same inequalities it was designed to overcome.

Actively promoting **equity in the classroom** helps remove barriers so all of your students can succeed. And when every student has the resources they need, the entire classroom thrives!

Students and teachers all bring unique perspectives to the classroom, including different:

- Identities
- Experiences
- Assumptions
- Backgrounds

## A Glimpse into the Classroom



### Create an equitable classroom environment

Small classroom changes can have a big impact on our students. Equity isn't just a one-time action, it's an ongoing process that should be baked into your classroom expectations and procedures.



### Teacher's interview

"I, Mrs. Jyoti Shrivastava, am the Co-ordinator of Secondary Department (Grade 6-8), a Senior Educationist with 10 years of experience in the field of Education. I won first prize in Teacher's Debate Competition on the occasion of Hindi Diwas.

I teach Mathematics in Grade 7 by relating the concepts to real-life situations and focus even on minute points, eliminating all kinds of doubts. I support and encourage students to take risks, think outside the box and always dream big."

## Students and Parents Get Involved

Children learn best when the significant adults in their lives - parents, teachers, and other family and community members work together to encourage and support them.

The benefits of parental partnership with schools are immense not just for the school but for the children too. Kids need to perceive school as a place where their efforts succeed. This will increase when they know that their parents and school are working in tandem with each other to put things in place.



LIS always work harder to understand the wants and needs of the community they serve and tailor the involvement opportunities to meet their time, interests and demands. Time to time we are organizing such activities and programs where parents can actively participate. Here are some glimpses of parents involvement in some of our school activities



# SOCIAL MEDIA POST-JUNE

**LAXMI INTERNATIONAL SCHOOL**  
LAXMI VIDYAPEETH SARIGAM-396155

## Parent Orientation Programme

Grade : 2

Date : June 22, 2022



A parent is a teacher at home and a teacher is a parent in school and the child is the centre of our universe.

[lis.laxmi.edu.in](https://lis.laxmi.edu.in) f t @

**LAXMI INTERNATIONAL SCHOOL**  
LAXMI VIDYAPEETH SARIGAM-396155

## Parent Orientation Programme

Grade : 1

Date : June 22, 2022



A parent is a teacher at home and a teacher is a parent in school and the child is the centre of our universe.

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**LAXMI INTERNATIONAL SCHOOL**  
LAXMI VIDYAPEETH SARIGAM-396155

## Parent Orientation Programme

Grade : 7-8

Date : June 27, 2022



A parent is a teacher at home and a teacher is a parent in school and the child is the centre of our universe.

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**LAXMI INTERNATIONAL SCHOOL**  
LAXMI VIDYAPEETH SARIGAM-396155

June 25, 2022

Grade 1-5

## World Music Day

Where words fail, music speaks....



Music transcends walls and boundaries with its language.  
It is pure and unadulterated creativity

We celebrated world music day on 25th June at Dhvani Auditorium.

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**LAXMI INTERNATIONAL SCHOOL**  
LAXMI VIDYAPEETH SARIGAM-396155

June 25, 2022 Grade 6-12

### World Music Day

Where words fail, music speaks....



*Music transcends walls and boundaries with its language.  
It is pure and unadulterated creativity*

We celebrated world music day on 25th June at Dhvani Auditorium.

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**LAXMI INTERNATIONAL SCHOOL**  
LAXMI VIDYAPEETH SARIGAM-396155

June 25, 2022 Grade 1-5

### World Music Day

Where words fail, music speaks....



*Music transcends walls and boundaries with its language.  
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**LAXMI INTERNATIONAL SCHOOL**  
LAXMI VIDYAPEETH SARIGAM-396155

18th June 2022

### Father's Day



**Badge Making**

LIS students of Grade 1 to 5 had made a badge in their own creative way with a easy craft that is a perfect gift for Father's Day to show their love and appreciation.

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**LAXMI INTERNATIONAL SCHOOL**  
LAXMI VIDYAPEETH SARIGAM-396155

18th June 2022

### Father's Day



**Trophy Making**

LIS students of Grade 6 to 8 made their dad know they are number one with this Father's Day Trophy. Children will make creative trophy for their dad.

**"Our Dad Our Hero"**

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**LAXMI INTERNATIONAL SCHOOL**  
LAXMI VIDYAPEETH SARIGAM-396155

DAD - MY HERO!! 18th June 2022

### Father's Day



**Token of Love! Personalized Gift**

LIS students of Grade 9 to 12 used their artistic skills to create a personalized gift for their father's For example: Photo collage, T-shirt, Coffee mug, Photo frames etc.....

*"A father is someone you look up to no matter how tall you grow."*

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## STUDENT'S CORNER

**'I wandered lonely as a cloud'**

'I wandered lonely as a cloud'  
 I wandered lonely as a cloud  
 That floats on high o'er vales and hills,  
 When all at once I saw a crowd,  
 A host, of golden daffodils;  
 Beside the lake, beneath the trees,  
 Fluttering and dancing in the breeze.  
 Continuous as the stars that shine  
 And twinkle on the milky way,  
 They stretched in never-ending line  
 Along the margin of a bay:  
 Ten thousand saw I at a glance,  
 Tossing their heads in sprightly dance.  
 The waves beside them danced; but they  
 Out-did the sparkling waves in glee:  
 A poet could not but be gay,  
 In such a jocund company:  
 I gazed—and gazed—but little thought  
 What wealth the show to me had brought:  
 For oft, when on my couch I lie  
 In vacant or in pensive mood,  
 They flash upon that inward eye  
 Which is the bliss of solitude;  
 And then my heart with pleasure fills,  
 And dances with the daffodils



-BY Stuti Dixit (Grade 5th A)

एक औरत ने घर के काम-काज के लिए दो नौकरानियाँ रखी हुई थीं। वह उनसे दिन भर कड़ी मेहनत कराती। उस औरत के पास एक मुर्गा था, जो हर सुबह चार बजे बांग देकर उन्हें उठा देता था।

नौकरानियों को सुबह जल्दी उठना बिल्कुल पसंद नहीं था, इसलिए उन्हें उस मुर्गे से ही नफरत हो गई थी। एक दिन एक नौकरानी दूसरी से बोली, “किसी दिन जब मालकिन कहीं गई होगी, तभी हम इस मुर्गे को खत्म कर देंगे।

उसके बाद कोई हमें सुबह जल्दी नहीं उठायेगा और हम जी भरकर सो सकेंगी।” दूसरी नौकरानी को भी उसकी योजना पसंद आ गई। एक दिन मौका देखकर उन्होंने मुर्गे को मार दिया और आरोप किसी और पर लगा दिया।

मालकिन को उन दोनों की चाल समझ में आ गई थी। इसलिए अगले दिन उसन। उन्हें आधी रात को ही उठा दिया। जब उन्होंने कहा कि अभी 4 नहीं बजे हैं तो मालकिन बोली,

“तुम काम करना शुरू करो और 4 बजे मुझे जगा देना। नौकरानियाँ पछताने लगीं कि उन्होंने बेकार में ही मुर्गे को मारा।

शिक्षा : कुटिलता से अपना ही नुकसान होता है।



-BY VEDARTH CHAUHAN (GRADE 4TH C)



Itisha Saha 6-A

## CCA



CCA stands for Co- Curricular Activities. A core component of holistic education is the Extra-Curricular and Co-Curricular activities that shape the development of students. They are instrumental in honing the talents and developing social skills, critical thinking and teamwork.

To instil a sense of belonging, camaraderie and brotherhood among students, many of these activities are held by grouping students into four Houses which encourages healthy competition, a hunger for winning and pride in accomplishments.

CCAs build upon the inherent talents of our students as well as getting them interested in new activities and opening their minds to new possibilities in the realm of skills-based education.

Students' talents are built upon which equips them to soar higher through participation in competitions, talent shows and



# CEE

## CEE Eco-Schools is holistic.

Most young people care deeply about environmental issues and wish to make a positive change in the environment around them. The CEE Centre of Environmental Education, Eco-Schools programme provides an ideal way for fostering environmental awareness in the entire school in a way that links to many curriculum subjects. The primary aim of the CEE Eco-Schools programme is to educate and empower young people to make positive decisions and become change makers for an environmentally sustainable world.



# SCHOOL CLUB

## SCHOOL CLUBS

The goal of **Laxmi International School, Sarigam** is to provide holistic education by balancing academics with extracurricular activities. The syllabus is designed to make learning less stressful for the students without compromising quality so, various programs such as school clubs are designed that cater to various interests. Clubs provides plenty of opportunities for students to take on leadership roles and show off their talents through club activities. We believe in the importance of club activities for students because of these four important reasons:

1. Students become more confident and independent.
2. Students learn from each other.
3. They help learners develop social skills.
4. Value of unity is discovered amongst the students.

Club activities supplement academics and give the students practical training which they require in day-to-day life. In the school, various club activities are organised allowing the students to display their talent.

### LIST OF VARIOUS CLUBS

Sr. No.	Clubs
1	DANCE & MUSIC CLUB
2	IT CLUB
3	JOURNALISM & PUBLIC SPEAKING CLUB
4	COOKERY CLUB
5	BUSINESS CLUB
6	DRAMA CLUB
7	SCIENCE & ECO CLUB
8	MATHS CLUB
9	MUN CLUB (Model United Nation)
10	ART & CRAFT CLUB
11	PHOTOGRAPHY CLUB

#### 1. Dance and Music

Students in this Club are taught to move rhythmically, usually towards music, using prescribed or improvised steps and gestures. Various dance form are included in the Club. This club also encourage talent in music- instrumental as well as vocal.

#### 2. IT Club

The Information Technology (IT) Club provides students with opportunities to discuss various IT concerns outside the classroom in order to create a greater appreciation and a better understanding of technology.

#### 3. Journalism & Public Speaking Club

The aim of the Literary Club is to hone the speaking, listening, reading and writing skills of the students. It also strives to develop a love for the language, while polishing the oratory skills of the students.

#### 4. Cookery Club

Cookery Club aims to encourage students to have an understanding of food hygiene and food safety, try new cuisines and understand the importance of a healthy diet. Students are trained to prepare easy and healthy recipes.

#### **5. Business Club**

The Business Club strives to provide its members with the opportunity to gain valuable knowledge about the business and professional world. Members of the club share and gain knowledge that can improve awareness about the business field and inspire career and academic goals.

#### **6. Drama Club**

Drama club develops skills that sharpen students' ability to carefully articulate their thoughts confidently. It enhances their ability to think critically and boost their confidence. They gain important life skills.

#### **7. Science and Eco Club**

Science and Eco Club promote inquisitiveness among the school students and inculcate Scientific temper among them. The main aim is to sensitise students towards eco awareness, maintenance of greenery around the school by various plantation drive programmes, making best out of waste, to conduct experiments, hands on learning activities, etc.

#### **8. Mathematics Club**

Mathematics club helps in the proper utilization of leisure time. It helps in arousing and maintaining students' interest in mathematics. It provides them with opportunities to develop their explorative, creative and inventive faculties.

#### **9. Model United Nations (MUN) Club**

Model United Nations (MUN) is an educational simulation in which students can learn about international relations. MUN teaches participants skills like research, public speaking, debating, and writing skills, in addition to critical thinking, teamwork, and leadership.

#### **10. Art and Craft Club**

The Club promotes free thinking among students which helps them to produce aesthetic and vivid objects, environments or experiences. Activities like sketching, colouring, painting, craft, paper folding, etc. are described elaborately.

#### **11. Photography Club**

The photography Club is a platform to bring together the photograph clickers and share knowledge about the art and science of Photography. The club encourages students to study light and imparts tips on composition to bring out the best in their photography skills.



## KNOWLEDGE CORNER

Keep Calm its just an Exam!!!!!!

BY ANUPAMA GOUR  
Special Educator

The exam period is a time when stress levels are higher than usual for both parents and students. Stress can be positive, helping you to stay motivated and focused. However, too much stress can be unhelpful, it can make you feel overwhelmed, confused, exhausted and edgy. It's important to find ways of reducing stress if things seem to be getting on top of you.

Exam anxiety can be viewed in two different ways, (1) ineffective coping with the inevitable stress of an exam BEFORE the exam; and/or (2) a strong emotional reaction of fear that interferes with thinking clearly DURING the exam. The most commonly reported symptoms are:

- Memory blocks or “blinking out” on things that you have studied
- Anger issues
- Physical symptoms such as rapid heart rate, shortness of breath, sweating, nausea etc.

- Lower reading comprehension and
- Poor attention and inability to concentrate

In order to overcome exam anxiety, you need to work on what you have control over (e.g., how you study, what you study, etc.), and not worry about what you can't control (e.g., kinds of questions, number of questions, how other students perform, etc.).

### How to deal with stress??????????????

Dealing with stress can be difficult especially during exams. Though easier said than done but by following the given tips students can manage their stress.

#### **1. SET REALISTIC GOALS**

##### **GOAL SETTING**



Setting an achievable and realistic goal is what you should begin with. You can ask your parents and teachers to help you with this task.

#### **2. TIME MANAGEMENT**



Stress often develops in students when they feel that they are running short of time to complete something. The best way to avoid this is to generate and rigorously follow a timetable underlining the different subjects that should be studied at a particular time.

#### **3. BE KIND TO YOURSELF**

One should remember to set realistic targets not to criticize yourself if you miss a few. Making a list of your achievements at the end of every day, even if they are small ones can help tremendously to keep those motivation levels up.

#### **4. DE-CLUTTER YOUR DESK**



It is said that a cluttered desk signifies a cluttered mind. A cluttered desk overloads your brain and impairs the ability to focus which then leads to stress. This is a scientifically-backed claim. Organize your study area and see the results yourself!

## 5. EXERCISE AND FUEL YOURSELF EFFECTIVELY



Practicing any form of exercise such as jogging, biking, walking, or aerobics three or five times a week is advisable to keep oneself fit and active. An active mind and body are always in a relaxed state and encourage clear thinking with renewed focus. Snacking on junk food is easy while revising but it's not beneficial for your brain

## 6. READ FOR LEISURE

No, not your textbooks. Read for pleasure, even if it means reading for 15 minutes between your study break. Catch up on a book or a novel that you have been reading, or intending to read.

## 7. GET PLENTY OF REST



According to scientific research, adequate sleep of seven to nine hours per night improves concentration, productivity, and cognition, which ends up having a positive impact on the academic performance of students.

## 8. Listen to music



Listening to music is considered to have a strong therapeutic advantage. It will re-invigorate one's brain and help to imbibe freshness that is essential for concentration. Often calming music helps to relax the brain and helps to increase memory power as well.

### Embrace the stress

It's normal to feel stress during exams after all we all are humans. But the way you channelize your energies and focus is important.

## GOOD PARENTING RULES

- Your Duty As a Parent



As a parent, you are your child's first and most important teacher. When parents and families are involved in their children's schools, the children do better and have better feelings about going to school. In fact, many studies show that what the family does is more important to a child's school success than how much money the family makes or how much education the parents have. There are many ways that parents can support their children's learning at home and throughout the school year, Here are some ideas to get you started.

<https://youtu.be/qtJ-LcR9oLs>

## • How to Help Your Child Get Motivated in School



Using **positive reinforcement** to encourage and reward good behaviour can be a highly effective tool in helping children to keep motivated with their **academia**. **Positive reinforcement** reinforces what children are doing right, rather than focusing or punishing them for what they are doing wrong.

### **Make the teacher your ally**

One of the most important things you can do for your child is to work with his/her teacher. The teacher might have additional insight about how to motivate your child, or what he might be struggling with. Likewise you can share any strategies or information that you have.

“Make sure that both school and home are of one accord”.

## • Your Parenting Style



Its been said “ There is no-one right way to raise a child”

Research tells us that to raise a self- reliant child with high self-esteem, it is more effective to be authoritative than authoritarian. You want your child to listen, respect and trust you rather than fear you. You want to be supportive, but not a hovering, helicopter parent.

All of these things are easy to set as goal, but hard to achieve.  
How do you find the right balance?

As your child develops , the challenges will change, and your thinking may evolve , but your approach should be consistent , firm and loving . Help your child learn through experience that making an effort builds confidence and helps you learn to tackle challenges . Calibrate your expectations about what your child is capable of doing independently , whether you have an infant learning to sleep through the night, a toddler helping to put toys away , or an older child resolving conflicts.  
<https://youtu.be/chR8tGHkX5k>

## Resource centre

### Computer lab

The computer lab is that the middle for teaching computer use to whole classes, usually by a specialist computer teacher. Classroom teachers for creating technology-based projects or also use the lab with their classes for research. They can develop websites, webpages and blogs on their own.

### Mathematics lab

The central activity of a Math Lab is one or two classroom visits in which teachers experiment together with new teaching practices and learn together about students' mathematical thinking. In this way, Math Labs are similar to Lesson Study in that teachers plan, teach, and reflect together.

### Physic lab

It is in the laboratory that physics students learn to practice the activities of scientists - asking questions, performing procedures, collecting data, analysing data, answering questions, and thinking of new questions to explore.

### Biology lab

The main purpose of laboratory work in science education is to provide students with conceptual and theoretical knowledge to help them learn scientific concepts, and through scientific methods, to understand the nature of science.

### Chemistry lab

A place equipped to conduct scientific experiments or tests or to manufacture chemicals, medicines, or the like. 2. any place, situation, set of conditions, or the like, conducive to experimentation, investigation, and observation.

## Library

As gateways to knowledge and culture, libraries play a fundamental role in society. The resources and services they offer create opportunities for learning, support literacy and education, and help shape the new ideas and perspectives that are central to a creative and innovative society.

**Student wellbeing** underpins every aspect of a student's schooling, including their learning, engagement and social relationships. *LIS understands that wellbeing is a fundamental component and is just as important as academic achievement.*

Wellbeing is a holistic term that encompasses all aspects of a student's life, including their physical, social, mental and emotional state. It does not mean that students feel good all the time. Emotions such as sadness, fear, anger and frustration are all normal human experiences, and actually help them to learn, grow, stay safe and build meaningful connections with others.

Wellbeing means they have the capacity, skills and resources to cope with these emotions in a way that is positive and constructive for their development.

Resilience: By teaching children resilience skills, we are empowering them to take care of their own mental health and wellbeing, and giving them the confidence to cope with adversity. *Resilience skills, at LIS are nurtured within a supportive and emotionally responsive environment, that help students to thrive into the future.*



Social and Emotional learning (SEL): *Social and emotional learning (SEL) is widely accepted as a key component of every student's education at LIS.*

Social and emotional learning helps students to notice, interpret and manage their own emotions, and have empathy for the emotions of others, so they can make responsible decisions, solve problems, cope with challenges and build positive relationships.



## LIS FOCUSES ON FOUR KEY AREAS FOR STUDENTS

### WELL-BEING

#### Leadership

At LIS principal and school leaders take active steps to create positive learning environments in which students feel safe, respected, connected and included.



## 1. INCLUSION

*All school staff play a role in creating a school culture that celebrates diversity and promotes respectful, positive relationships*



## 1. STUDENT VOICE

LIS pays keen attention in creating inclusive, collaborative and



and



interactive learning environments, take a strengths-based approach to

learning.

## 2. PARTNERSHIPS SUPPORT

LIS collaborates with parents and to enhance the learning and wellbeing of all students. This includes developing a

shared understanding of what students need, and working collaboratively with parents for the same.



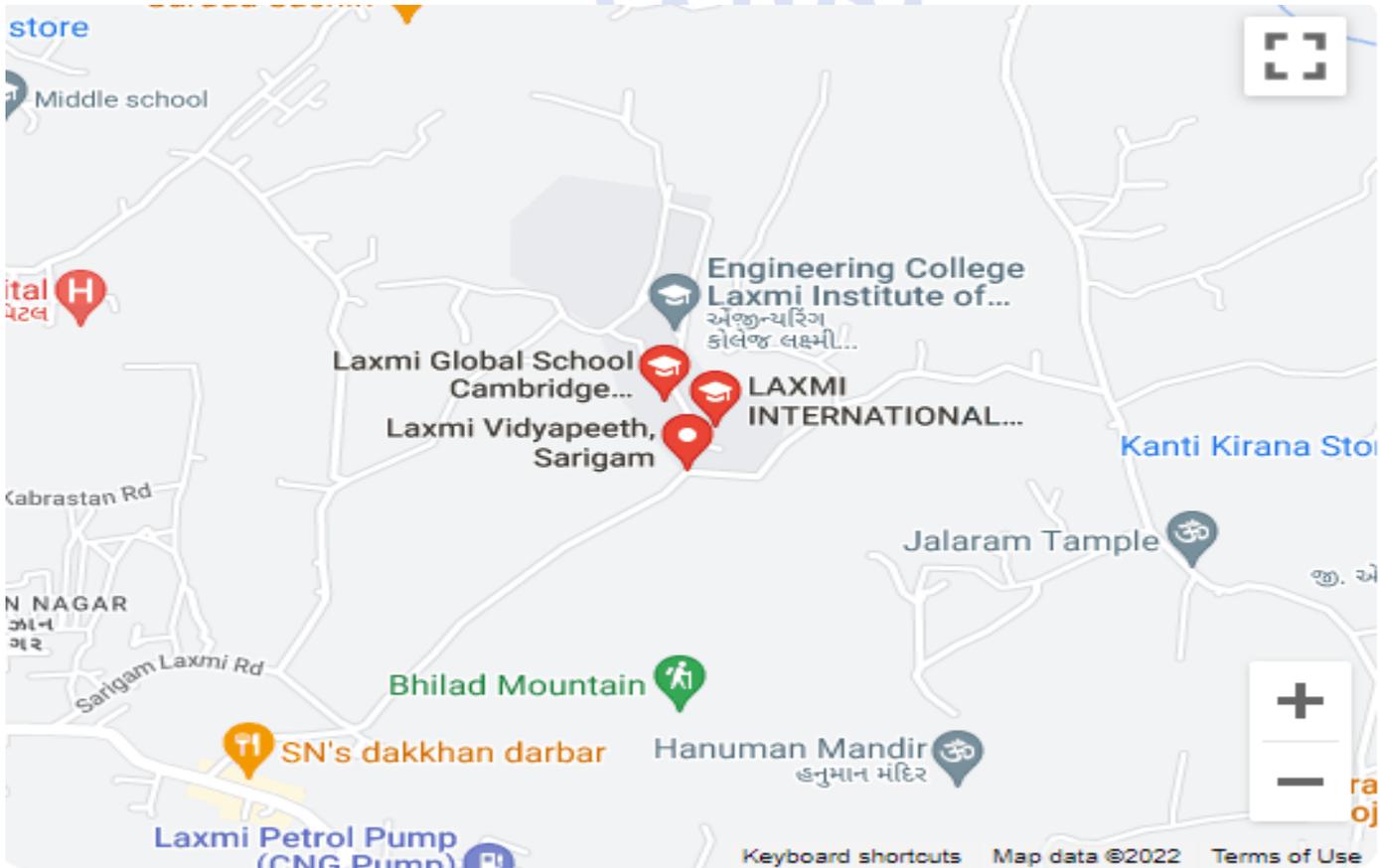
When students feel safe and connected, they are better able to learn and engage positively with their peers.

## Act of kindness

Increases energy and give a wonderful feeling of optimism , increased feeling of gratitude. Children learn to appreciate what they have when helping those less fortunate. Kindness is a key ingredient that helps children feel good. Not only kindness changes everything around you but also makes your kind heart more sensitive. Kindness encourages others to repeat the good deeds they have experienced themselves- contributing to a more positive community. Kindness must not limit to humans but also to every living creature. Even nature has its own way of showing kindness. Here are some glimpses of kindness at LIS.....



# Laxmi International School



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# LVSGEMS

## ONE HAPPINESS

